

Training Services Pte. Ltd. **COURSE REGISTRATION FORM**

Course Fee S\$1500.00 Per pax

WORK-AT-HEIGHTS TRAIN - THE - TRAINER COURSE

Company Name :		Contact Person :		
Company Address : _				
Tel No :	Fax No :	HP No:		
Language: English	Course Date :	E-Mail ld		
	nees are able to read and write the above mentione e & accurate and best of my knowledge.	ed course language. I affirm that	t all information gi	ven in the
Company Chop:	Authorized Si	gnature:		
S.N Nan	ne (As reflect in the NRIC / S PASS / WP)	NRIC / S PASS / WP	Nationality	Date of Birth
For course registration pl	ease send us a copy of NRIC/WP/IPA along with regi	stration form. Trainage are required	I to bring a copy of	

Confirmation slip, payment receipt, and any one of the following NRIC/WP/IPA with Passport photocopy when coming for the course. Entry Requirements: Recommended for the trainee to achieve the following: Specialist Diploma in Workplace Safety and Health, ACTA, 3 or more Yrs of working experience as project Manager / Operations Manager or equivalent, Physically fit and able to complete all practical activities, including some strenuous climbing and work - positioning tasks.

COURSE SYLLABUS Apply updated legislative requirements to Working at Height (WAH)

Apply conditions of lost revenue and liability to WAH

Apply conditions of individual worker safety and responsibility WAH

Identify & apply alternatives to WAH

Apply safe selection and use of various temporary access systems Identify hazardous & unsafe conditions whilst WAH across key industry

Define systems used for WAH and identify their benefits, limitations & common unsafe practices

Apply the fundamentals of fall arrest systems

Apply requirements of local & international standards to WAH & Fall Protection Equipment

Apply conditions of safely selecting anchorages

Demonstrate logged inspection of a non-certified anchorage connector

Apply conditions of safely selecting vertical lifelines

Demonstrate logged inspection of a vertical lifeline

Apply conditions of safely selecting horizontal lifelines

Demonstrate logged inspection of a horizontal lifeline

COURSE SYLLABUS Demonstrate logged inspection of a full body harness

Apply conditions of safely selecting shock absorbing Lanyards Demonstrate logged inspection of a shock absorbing lanyard

Apply conditions of safely selecting self retracting lifelines (SRLs)

Demonstrate logged inspection of an SRL

Apply conditions of safely selecting descent & work-positioning systems

Specify descent systems for particular WAH and Confined Space activities

Demonstrate sizing and fitting of a full body harness & lanyard

Demonstrate safe connections to full body harness

Demonstrate safe movement with 100% connection whilst using twin lanyard

Identify common unsafe practices whilst using twin lanyard

Demonstrate a "first man out" technique using a positioning lifeline & rope grab system

Demonstrate safe design, installation & use of a temporary horizontal lifeline system for fall

Demonstrate safe use of a permanent vertical lifeline system

Demonstrate safe design, installation & use of a temporary vertical lifeline system

Demonstrate safe design, installation & use of an SRL & Tagline System

Identify & apply specific fall arrest/fall prevention/travel restraint equipment (FAE)

materials, components & systems for WAH across key industry sectors, Apply legislative

Tuas location:

2 TUAS SOUTH AVENUE 2, #01-11 TUAS VISTA, SINGAPORE – 637601.

How to get here:

From Tuas Link MRT take Bus 182 / 182M & get down at 3 rd or 4th bus stop

TERMS AND CONDITIONS:

- . The cheque must be made payable to "DV TRAINING SERVICES PTE. LTD."
- . All course fees should be made at least 3 working days before course date.
- . Cancellation / postponed should be made at least 3 working days before the course commencement date.
- . If trainees cancel the class within 3 working days or if trainee absent without prior notice there is no refund.
- . If failed to collect the certificate more than 1 month from the date of exam, it will be destroyed without prior notice.
- . DVTS reserve the rights to cancel / re-schedule the course with short notice period due to unforeseen circumstances.
- . If DVTS cancel the class, full course fee will be refundable. . Trainees are advised to punctual to the course. Late participants are disqualified to attend the class.
- . Trainee's attendance must be atleast 96 %.
- . If trainee is found cheating, trainee will be barred from the exam and DVTS will take necessary action.

Phone Registration: +65-67766340 **Fax Registration**: +65-67766346 Email Registration: contact@dvtrainingsvs.com contactdvts@gmail.com

For Office Use only
Date of Application Received:
Admin Staff's Sign

COURSE SYLLABUS

Apply fundamentals of rescue from height

Apply conditions of shock and suspension trauma to rescue from

Identify industrial rescue systems and techniques

Develop rescue plans

Identify the roles and responsibilities of rescue team members

Demonstrate response to a fall emergency

Demonstrate key rescue from height techniques

Demonstrate effective post-rescue casualty management

Identify & apply specific equipment & systems for rescue from height across key industry sectors